



TRANSFORM LIFE IN SUCCESS & BLISS

Very powerful Scientific Programs developed by Swami Aaron (Dr. Aaron Thomas) and his team after extensive research for more than thirty years.

Our Classical Training Programs



Transform Mind in Pure Bliss & Freedom

Enjoy the World &
Beyond thoroughly



Science of Ultimate Reality & Ontology of Self

Who am I?



Science of Meditation, Mindfulness & Higher Consciousness

Live Beyond the Beyond and
Within the Within of Existence



Science of Spiritual Healing

Enjoy the Elixir of Life



Ultimate Bliss Cosmic Yoga

Realize Your Ultimate Self



Cosmic Psychology

The Science of
Enlightenment



Ultimate Soteriology

The Science of
Liberation



Ontology of All Problems & Misery

The Golden Gate to
Blissful Life



Create Bliss & Excellence in Marital Relationship



Pre-marital Training for Blissful Conjugal Life Forever



Expanding in Love till Infinite

Enjoy the Magic of
True Love



Karmic Cleansing for Changing Destiny

The Golden Gate to
Blissful Life



**Preparation for Blissful
Life in Next Birth**



**Financial Prosperity &
Abundance through
Higher Consciousness**



**Hypnosis for Worldly
Success &
Life Transformation**



**Excellent Command
over Spoken &
Written English**



**Glorious Global
Career in Spirituality
& Healing**

Comprehensive Scientific
Training Program for Light
Workers

List of Our All Life Transformation Training Programs



TRAINING PROGRAMS FOR EMOTIONAL & MENTAL WELLNESS

- Transform Mind in Pure Bliss & Freedom: Enjoy the World & Beyond thoroughly
- Neo-Cognitive Behavior Therapy (nCBT)
- Freedom from Procrastination & Lethargy
- Mindfulness, Forgiveness, Compassion & Blissfulness



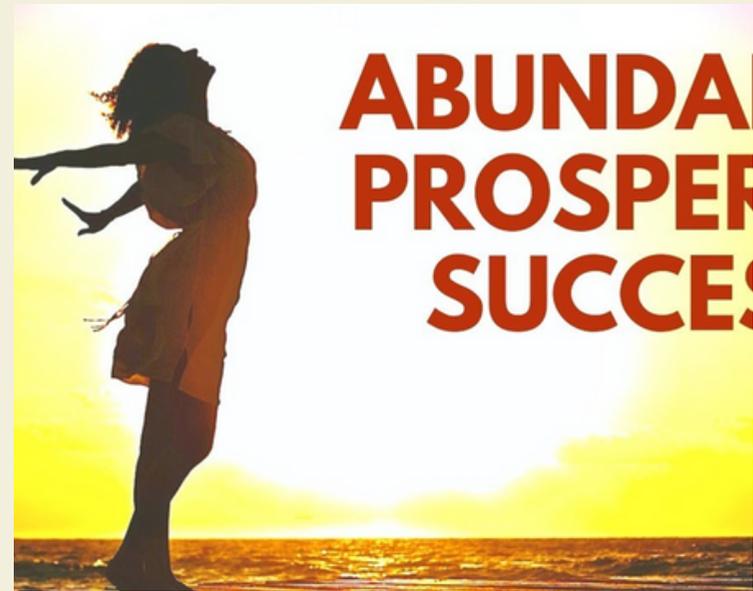
TRAINING PROGRAMS FOR SPIRITUAL HEALING & ALTERNATIVE TREATMENT

- Science of Spiritual Healing: Enjoy Elixir of Life
- Pranayama & Yoga for Cure of Physical Ailments
- Diet Therapy for Cure of Physical & Mental Ailments
- Alternative Treatment (Reiki, Chakra Healing & Energy Healing, Mudra Therapy, Magneto Therapy, Acupressure, Acupuncture, Naturopathy, Water Therapy etc.)



TRAINING PROGRAMS FOR BLISSFUL RELATIONSHIP

- Create Bliss & Excellence in Marital Relationship
- Pre-marital Training for Blissful Conjugal Life Forever
- Transforming Painful Relationships in Harmony & Bliss
- Freedom from Painful Relationship
- Get Lost Relationship Back in Your Life
- Expanding in Love till Infinite
- Tantra: Science of Esoteric Sexual Bliss & Beyond
- PCOD
- Insomnia
- Migraine
- Asthma
- Muscular Dystrophy
- Hormonal Imbalances
- Dyslexia
- Obesity



TRAINING PROGRAMS FOR SUCCESS & FINANCIAL PROSPERITY

- Neuro-Linguistic Programming (NLP)
- Transformation from Failure to Dazzling Success
- Freedom from All Limitations
- Overcoming Fear for Social Interactions
- Art & Science of Powerful Grooming
- Developing Leadership Quality & Team Spirit
- Hypnosis for Worldly Success
- Investment in Stock Market
- Financial Prosperity & Abundance through Higher Consciousness
- Global Career in Spirituality & Healing



TRAINING PROGRAMS FOR INTRINSIC RICHNESS OF LIFE

- Ontology of All Problems & Misery : Freedom from All Sufferings of Mundane Life
- Karmic Cleansing: Dissolve Negative Karma of Past & Present Life
- Living Ultimate Life with Ultimate Celebration & Bliss
- Preparation for Next Birth in Prosperity & Bliss



TRAINING PROGRAMS FOR RELIGIONS

- Essence of Buddhism: The Ultimate Science of Absolute Truth
- Scientific Perspective & Essence of Vedanta & Gita
- Scientific Perspective & Essence of Islam & Sufism
- Scientific Perspective & Essence of Jainism
- Scientific Perspective & Essence of Sikhism



TRAINING PROGRAMS FOR SPIRITUAL EVOLUTION & DIVINE REALIZATION

- Science of Ultimate Reality & Ontology of Self: Who am I?

Golden Gate to Life inherent with Eternity, Infinity & Ultimate Bliss
- Science of Meditation, Mindfulness & Higher Consciousness

Live Beyond the Beyond and Within the Within of Existence
- Cosmic Psychology: The Science of Enlightenment
- Ultimate Soteriology: The Science of Liberation
- Chakra Activation
- Drinking Ambrosia of Eternity through Science of Lord Shiva



TRAINING PROGRAMS FOR CREATIVE EXCELLENCE

- Fine Arts (Sketching, Painting)
- Music (Instrumental & Vocal)
- Dance (Classical & Contemporary)
- Acting
- Photography
- Videography
- Investment in Stock Market
- Financial Prosperity & Abundance through Higher Consciousness
- Global Career in Spirituality & Healing



TRAINING PROGRAMS FOR JOBS & CAREER

We provide online and offline training for following courses:

- Digital Marketing
- Graphic & Web Designing
- Web Development
- Cyber Security
- Client Relationship & Office Management
- Spoken & Written English Course for Working Professionals, Businessmen, Housewives and Students (for Hindi Medium or Regional Mediums Students)
- Advance Spoken English Course for those who can talk in English, but are not confident
- Spoken & Written English Course for Kids
- English for Examinations
- Public Speech
- Professional Content Writing
- Mass Communication & Journalism
- Corporate Communication
- Training Programs for Government Jobs
(JE, SSC, NDA, RRB, CDS, CDSE, CAPF – AC, IES-ISS, SSC SI in Delhi Police/CAPFs/ASI/CISF, RRB NTPC CBT 1, RRB/RRC Group D and many more)
- Training Programs for Other Examinations
(IELTS, TOFFEL, GMAT, GRE)

Offer to Teachers

If you want to teach our students either online or offline, then please get connected with us. We will provide you financial and other opportunity as per your expertise and qualification.

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ULTIMATE BLISS FOUNDATION

Wellness, Spirituality & Life Celebration Centre

a global platform for Holistic Treatment, Counselling, Spiritual Healing, Life Transformation Training Programs, Residential Retreats, Literary, Life Celebration & Spiritual Events, Social Projects, Corporate Services etc.

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WE TRANSFORM LIFE IN SUCCESS, CELEBRATION & PURE BLISS!